

Welcome!

Let us introduce ourselves...

Welcome to the very first issue of The Pegasus Herald - an online newspaper we have been creating during our Thursday Programme.

We have been working hard on lots of different sections which we hope you will find interesting. Enjoy!



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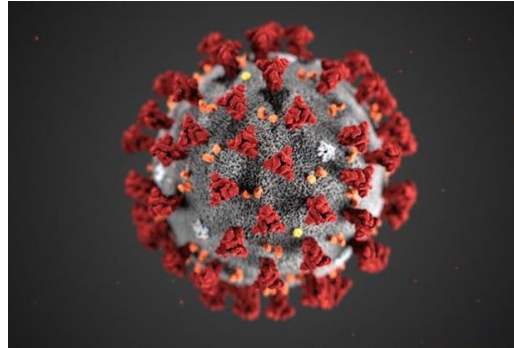
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THIS WEEK'S
HEADLINE NEWS

Coronavirus Outbreak Continues

By Cami, Eve, Fiona, Evotia, Lucy and Daisy



As Coronavirus continues to dominate the headlines, here we answer some key questions about the virus that is spreading across the world.

Where did it come from?

The virus originally came from China. Scientists think it came from bats but now is spreading from person to person. The virus is called Coronavirus because in Latin “corona” means “crown” and the virus is shaped like a crown (see the picture above).

What do I need to look out for?

Common signs of infection include difficulty breathing, cough, fever and shortness of breath. Luckily for us, New Zealand border patrol are doing their best to keep the virus out of our country and there have only been 5 confirmed cases. The NZ Ministry of Health say that “with continued vigilance the chance of widespread community outbreak is expected to remain low.”

How can we prevent the virus from spreading?

Basic hygiene is essential: washing your hands with soap or hand sanitiser, sneezing into your elbow and thoroughly cooking meat and eggs.



Reduce your risk of coronavirus infection:

Frequently clean hands by using alcohol-based hand rub or soap and water



When coughing and sneezing cover mouth and nose with flexed elbow or tissue – throw tissue away immediately and wash hands



Avoid close contact with anyone that has fever and cough



#Coronavirus #COVID19



SPORTS NEWS



By Isla, Sophie, Charlotte, Abigail and Zack

For this issue we were lucky enough to interview Nelson Meacham. You may have heard of him - he is an amazing sailor! Here are some interesting questions that we all want to know about Nelson:

What sport do you do? Sailing

Where have you competed? Many places around New Zealand. My last race was in Picton - I came 27th overall and 2nd in my age group.

Why do you enjoy sailing so much? Because I am by myself on the water and enjoy being able to go where I want.

Why did you start sailing? I started doing a learn to sail program, then my dad got me a boat because I loved it then I went to doing C1 C2 and then did nationals green and I won it then went to open fleet and came 27th and 2nd in my age group.

Who inspired you to sail? My dad because he is an America's Cup sailor and he is now and always going to be my inspiration.

Interesting facts about Sailing:

- ★ Sailing gives you access to places that tourists can't go. This is because the islands are small and hard to find but they have beautiful landscapes and exotic creatures.
- ★ Sailing has been a part of all the modern olympics, except for the 1904 summer olympics, held in Louisiana.
- ★ The ideal wind speed for sailing is about 8 - 12 knots.
- ★ The youngest person to sail around the world was 16-year old Laura Dekker.

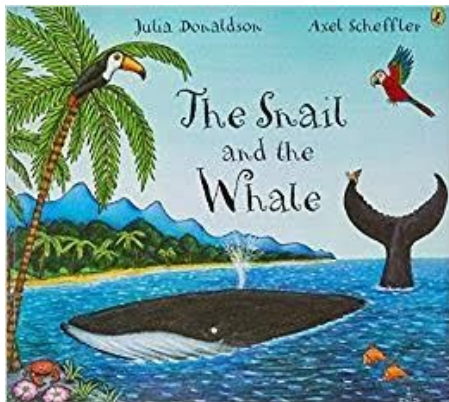


BOOKFLIX

By Alice and Issie

Welcome to Bookflix, where we show you all the recommended books for Kakariki, Puriri, and Kowhai!

Kakariki

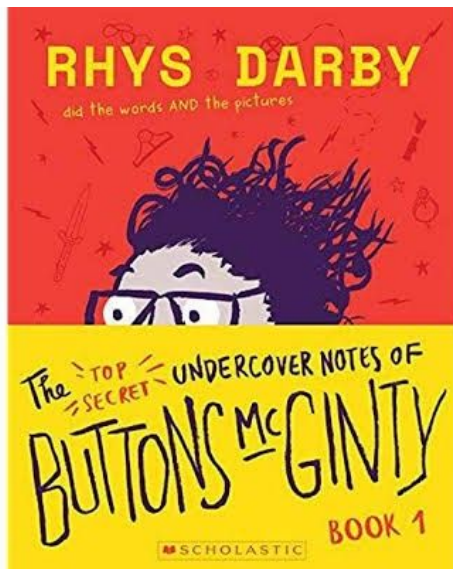


The Snail and The Whale

A tiny snail jumps on a huge whale's back and together they go on a journey around the world as the most unlikely of friends. Then one day the whale becomes beached. What can a little snail do to save him?

An amazing story with beautiful illustrations.

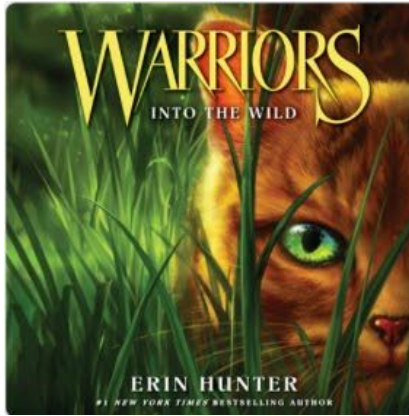
Puriri



The Top Secret Undercover Notes of Buttons McGinty

Join Buttons McGinty as he is shipped off to Ranktwerp Island Education For Gifted Lane Unruly Minors (Aka Riefglum). With his new friends by his side, he attempts to unravel some strange mysteries.

An action-packed adventure ending on a cliffhanger making readers want more.



Warriors: Into the wild

Warriors: Into the wild, is the first book in the *Warriors* series. It is about 4 different clans of cats in the wild. Rusty, who is a human pet or a kittypet joins thunder clan (one of the 4 clans) and is named Firepaw. But when there is a prophecy about fire saving the clan, nobody knows what to think.

An exciting book with lots of adventure.

Interested in sending us some of your recommendations for this page? Email us at a.lang@ponsp.school.nz or i.mein@ponsp.school.nz

Book Quiz Time!

By Hayley and Kate

1. Who is the most well-known children's author?
(Hint: He has written *The Twits*, *Matilda* and *Fantastic Mr Fox*)
2. Who wrote the *Harry Potter* series?
3. Who illustrated the *Rainbow Fish*?
4. What was the first book that David Walliams wrote called?
5. How often do average people read?
6. Who wrote the *Cat In The Hat*?
7. How many libraries does Auckland have?
8. What is your favourite book?

Answers

1. Roald Dahl
2. J.K. Rowling
3. Marcus Pfister
4. *The boy in the dress*
5. 20 minutes per day
6. Dr Seuss
7. 55
8. This one is your decision!

**Remember to keep
reading!**





Teacher of the Week

Ms Johnston

This week we had the pleasure of interviewing Ms Johnston who teaches in Year 6.

Interviewer: How did you feel coming back to Ponsonby after a couple of years away?

Ms Johnston: “Really excited - jumping with joy.”

Interviewer: What did you do during the time you were away?

Ms Johnston: I renovated a house in the South Island and taught a Year 7 & 8 class.



Interviewer: Do you think PPS has changed a lot in the time you have been away?

Ms Johnston: Yes and no. Yes because there is new leadership and no because we have the same values.

Interviewer: Do you like your new class?

Ms Johnston: Yes!

Interviewer: Who is your favorite student at school?

Ms Johnston: All of them!

Interviewer: What were you most excited about coming back to?

Ms Johnston: Kind students and good morals.

Interviewer: What is your favourite subject to teach?

Ms Johnston: Kapa Haka and Social Studies

Interviewer: What do you enjoy doing outside of school?

Ms Johnston: Spending time with family, cooking nice food, going to Whangamata and cuddling cats.

Artist of the week

By Clara

Welcome to “Artist of the Week”. This week’s artist is **Rita Angus**.



Rutu (1951)



Mountains, Cass (1936)

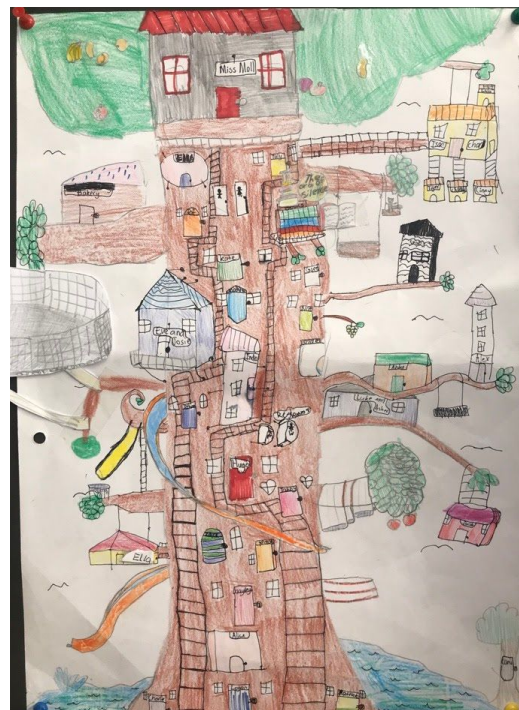
About Rita Angus

Rita was born in Hastings in 1908 and spent her childhood between Napier and Palmerston North. In 1927 she studied fine art at Canterbury College School of Art, where she received a traditional training in life drawing, still life and landscape painting. Rita used mainly oil and watercolour for her paintings and is well known for her portraits and landscapes.

School Art of the Week

This brilliant sketch is by Charlotte and Issie from Room 8. Issie said, “This is the Room 8 tree - everyone has their own house. Me and Charlotte created this while we were having a playdate.”

Have a piece of art you would like featured? Email c.brown@ponsp.school.nz



Fashion

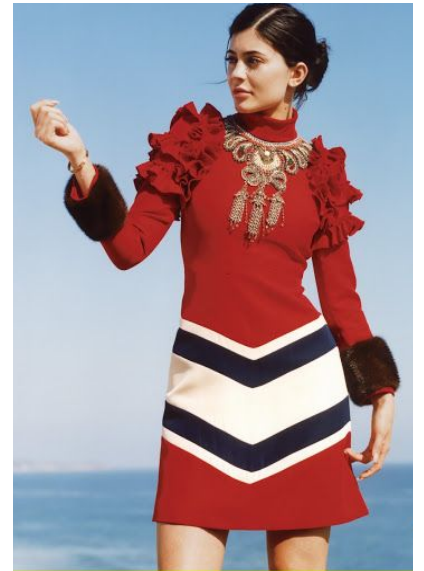
By Hugo

Welcome to The Pegasus Herald's Fashion Page where you can get inspiration and news all about fashion! Hope you enjoy.



This is a piece from Chanel. It looks very stylish in my opinion. I love it. The blue really stands out. It looks similar to the color of an old curtain from the 1980s.

This piece was featured in Vogue. It reminds me of the traditional colours of India. The bottom of the dress is like the navy logo you would find on a captain's shoulder.



This is another piece featured in Vogue. It looks so nice and cuddly and a bit like my dressing gown! The fabric of the coat looks like my clothes after I have hugged my cat...

Animals & Nature

By Keaton, Tom, Issie, Halen and Alice

Save The Koalas!

Koalas are amazing, interesting animals but sadly Australian bushfires have consumed millions of these wild animals.

Koala Facts

1. Koalas sleep up to 18 hours a day!
2. Koala is thought to mean “no drink” in one of the Australian Aboriginal languages.
3. The koala eats so many Eucalyptus leaves that they actually smell like them!
4. Koalas hug trees to keep cool in hot temperatures.
5. Like humans, koalas have individual and unique fingerprints.

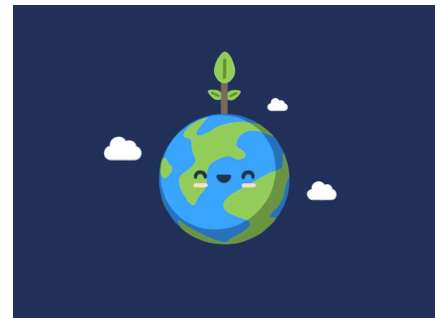


How can you help?

People from all around the world have attempted to help this amazing species. But with bushfires raging across Australia every summer, will the koalas survive? Donate now to [SavetheKoalas.com](https://www.savethekoalas.com) if you have a few spare dollars!

Sustainability Tips

1. Make sure to use only reusable straws.
2. Only drive when necessary. Walking, cycling, or scooting are much more environmentally friendly!
3. If you see any rubbish on the ground or in the water pick it up and put it in the nearest bin.
4. Cut down on how much beef you eat and instead eat bugs! Because cows take up lots of land and burp and fart greenhouse gasses!



Recipe of the Week

By Grayson, Frankie and Mya

Pavlova

Difficulty Level 3 (Parent help needed)

**Prep 30 minutes | Cooling 30 minutes |
Cooking 1 hour**

Ingredients:

- ★ 4 egg whites
- ★ 2 teaspoons of cornflour
- ★ 1 and ¼ cups of sugar
- ★ 473 ml of cream
- ★ 1 teaspoon vanilla extract
- ★ 6 kiwi fruit (peeled and cut), pineapple, strawberries, blueberries and raspberries
- ★ 1 teaspoon lemon juice

Method:

1. Preheat the oven to 150 degrees c. Line a 9-inch cake tin with baking paper (put the cake tin on top of baking paper, draw around it with a pencil, cut it out and put it inside the cake tin). Cut out another bit for the edge so the cake doesn't stick. Use butter to stick sides to the pan.
2. In a large bowl, beat 4 egg whites until stiff but not dry. Gradually add in the sugar, about 1 tablespoon at a time until you have used 1 ¼ cup, beating well after each adding. Beat until thick and glossy. Gently add in vanilla extract (not vanilla essence), lemon juice, and cornflour.
3. Spoon mixture inside the cake tin. Working from the centre, spread the mixture toward the outside edge, building the edge slightly. This should leave a slight depression in the centre.
4. Bake for 1 hour in the oven. Remove from the oven then transfer to a wire rack to cool.
5. In a small bowl, beat heavy cream until stiff peaks form; set aside. Remove the paper, and place the butter on a flat serving plate. Fill the centre of the butter with whipped cream, and top with kiwifruit slices, mango and berries.
6. Your pavlova may not look like ours - decorate how you like! Enjoy!



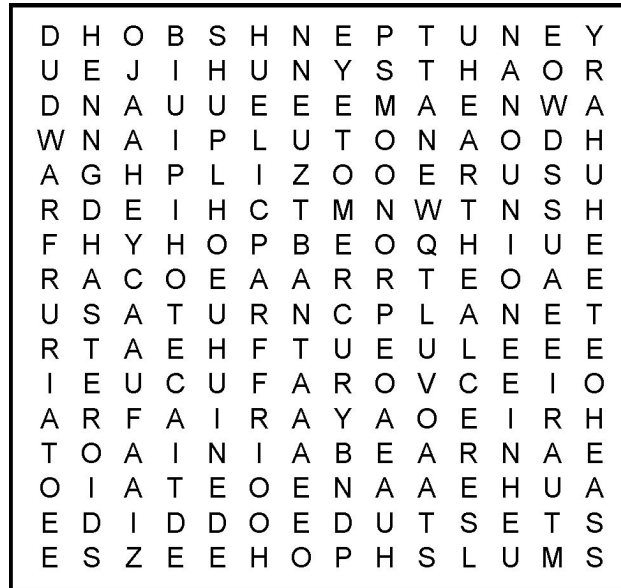
Cartoons

By Edward and Harry



Games and Puzzles

By Boris, Xander, Ben and Tanner



VENUS
EARTH
MARS
CERES
ASTEROIDS
JUPITER
SATURN
NEPTUNE
URANUS
PLUTO
DWARF
PLANET
MOON

